



Syllabus: Community Nutrition

First Semester 2023/2024

COURSE INFORMATION	
Course Name: Community Nutrition Semester: 1 st Semester Department: Department of Clinical Nutrition Faculty: Applied Medical Sciences	Course Code: 140502455 Section: Core Curriculum:
Day(s) and Time(s): Sunday 12:30-01:30 Tuesday 12:30-01:30 Classroom:	Credit Hours: 2 Prerequisites: None
COURSE DESCRIPTION	
This course will examine the role of nutrition in promoting, maintaining, and improving health in the community. This course is also concerned with the nutritional status of individuals and families in the community. Topics covered include community assessment, nutritional epidemiology, and types of epidemiologic studies.	
DELIVERY METHODS	
The course will be delivered through face-to-face lecture	
FACULTY INFORMATION	
Name	Sheren Salim Batayneh
Academic Title:	Lecturer
Office Location:	
Telephone Number:	
Email Address:	sheren@hu.edu.jo
Office Hours:	
REFERENCES AND LEARNING RESOURCES	

Required Textbook

- Boyle MA, Holben DH. 2017. Community Nutrition in Action, An Entrepreneurial Approach. 7th ed. Thomson & Wadsworth

References:

1. Community perspectives on obesity prevention in children workshop summaries. National Academies Press, Washington, D.C. : c2009
2. Any Document related to Nutrition in Jordan
3. Nutrition Profile of Jordan: <http://www.fao.org/3/a-aq039e.pdf>

ACADEMIC SUPPORT

It is The Hashemite University policy to provide educational opportunities that ensure fair, appropriate, and reasonable accommodation to students who have disabilities that may affect their ability to participate in course activities or meet course requirements. Students with disabilities are encouraged to contact their instructor to ensure that their individual needs are met. The University through its Special Need section will exert all efforts to accommodate for individual's needs.

Special Needs Section:

Tel:

Location:

Email:

STUDENT LEARNING OUTCOMES MATRIX*

Core Curriculum Learning Outcomes	Program Learning Outcomes	Course Objectives	Course Student Learning Outcomes	Assessment Method
To provide students with the optimum educational standard in the field of Community Nutrition	KP1: Demonstrate a depth understanding of the basis of community nutrition and discover the links between dietary factors and disease and health	Describe the community nutritionist's role as a member of the health care team.	To recall the major roles for community nutritionists	Exams
To provide optimal educational and training opportunities for students during their professional preparation for careers as community nutritionists.	KP2: demonstrate an understanding of community assessment and epidemiology.	Learn guidelines for use of dietary and anthropometric components of nutritional status in a community setting.		Exams
To participate in community services for health promotion and disease prevention programs	KP3: Explain the principles of conducting surveys	Conduct a nutritional needs assessment on a particular community agency and its target population.	To develop a survey according to the seven principles.	Exams
To encourage creativity and innovation in solving problems of emerging cases in the field of community nutrition	KP4: Providing students with high levels of educational quality based on training on specific epidemiological methods	Examine nutritional status of Jordan.	To know scientific rationale for defining nutritional requirements in healthy individuals and populations, with reference to specific conditions such as pregnancy, lactation, and older age	Exams

COURSE REGULATIONS

Participation

Class participation and attendance are important elements of every student's learning experience at The Hashemite University, and the student is expected to attend all classes. A student should not miss more than 15% of the classes during a semester. *Those exceeding this limit of 15% will receive a failing grade regardless of their performance.* It is a student's responsibility to monitor the frequency of their own absences. **Attendance record begins on the first day of class irrespective of the period allotted to drop/add and late registration. It is a student's responsibility to sign-in; failure to do so will result in a non-attendance being recorded.**

In exceptional cases, the student, with the instructor's prior permission, could be exempted from attending a class provided that the number of such occasions does not exceed the limit allowed by the University. The instructor will determine the acceptability of an absence for being absent. A student who misses more than 25% of classes and has a valid excuse for being absent will be allowed to withdraw from the course.

Plagiarism

Plagiarism is considered a serious academic offence and can result in your work losing marks or being failed. HU expects its students to adopt and abide by the highest standards of conduct in their interaction with their professors, peers, and the wider University community. As such, a student is expected not to engage in behaviours that compromise his/her own integrity as well as that of the Hashemite University.

Plagiarism includes the following examples, and it applies to all student assignments or submitted work:

- **Use of the work, ideas, images, or words of someone else without his/her permission or reference to them.**
- **Use of someone else's wording, name, phrase, sentence, paragraph, or essay without using quotation marks.**
- **Misrepresentation of the sources that were used.**

The instructor has the right to fail the coursework or deduct marks where plagiarism is detected.

Late or Missed Assignments

In all cases of assessment, students who fails to attend an exam, class project or deliver a presentation on the scheduled date without prior permission, and/or are unable to provide a medical note, will automatically receive a fail grade for this part of the assessment.

- Submitting a term paper on time is a key part of the assessment process. Students who fail to submit their work by the deadline specified will automatically receive a 10% penalty.

Assignments handed in more than 24 hours late will receive a further 10% penalty. Each subsequent 24 hours will result in a further 10% penalty.

- In cases where a student misses an assessment on account of a medical reason or with prior permission; in line with university regulations an incomplete grade for the specific assessment will be awarded and an alternative assessment or extension can be arranged.

Student Complaints Policy

Students at The Hashemite University have the right to pursue complaints related to faculty, staff, and other students. The nature of the complaints may be either academic or non-academic. For more information about the policy and processes related to this policy, you may refer to the students' handbook.

COURSE ASSESSMENT

Course Calendar and Assessment

Students will be graded through the following means of assessment and their final grade will be calculated from the forms of assessment as listed below with their grade weighting considered. The criteria for grading are listed at the end of the syllabus.

Assessment	Grade Weighting	Deadline Assessment
First Exam	30%	TBA
Second Exam	30%	TBA
Final Exam	40%	TBA

Description of Exams

Test questions will predominately come from material presented in the lectures. Semester exams will be conducted during the regularly scheduled lecture period. Exam will consist of a combination of multiple choice, short answer, match, true and false and/or descriptive questions.

Homework: Will be given for each chapter, while the chapter in progress you are supposed to work on them continuously and submit in next lecture when I finish the chapter.

You are also expected to work on in-chapter examples, self-tests and representative number of ends of chapter problems. The answers of self-tests and end of chapter exercises are given at the end of the book.

Quizzes: Unannounced quizzes will be given during or/and at the end of each chapter based upon the previous lectures. It will enforce that you come prepared to the class.

No make-up exams, homework or quizzes will be given. Only documented absences will be considered as per HU guidelines.

Grades are not negotiable and are awarded according to the following criteria*:

Letter Grade	Description	Grade Points
A+	Excellent	4.00
A		3.75
A-		3.50
B+	Very Good	3.25
B		3.00
B-		2.75
C+	Good	2.50
C		2.25
C-		2.00
D+	Pass	1.75
D	Pass	1.50
F	Fail	0.00
I	Incomplete	-

WEEKLY LECTURE SCHEDULE AND CONTENT DISTRIBUTION

“Lecture hours and weeks are approximate and may change as needed.”

Topic	Week	Contact Hours
Introduction to community nutrition	1	2
Assessing community resources	2-3	2
Assessing the target population’s nutritional status	4	2
Nutritional Status in Jordan	5	2
Principles of Epidemiology	6-7	2
Surveys: Definition & Types	8-9	2
Sampling techniques	10	2
Sample Size	11	2
Addressing the obesity epidemic: An issue for public health policy	12-13	2
Designing community nutrition interventions	14	2