

The Hashemite University
Dept. of Clinical Nutrition & Dietetics
Fall 2019

Community Nutrition (140502455)

Course Syllabus

Instructor: Dr. Huda Mustafa Al Hourani

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Class times:

Monday: 2:00 – 4:00 pm

Medical Faculty Building No 107

Office hours:

Sunday, Monday, Tuesday & Thursday.: 12:00-1:00 pm

Course Description

This course will examine the role of nutrition in promoting, maintain and improving health in the community. This course also concerned with the nutritional status of individuals and families in the community. Topics covered include community assessment, nutritional epidemiology, and types of epidemiologic studies.

Course objectives

Upon successful completion of this course, the student will be able to:

1. Describe the community nutritionist's role as a member of the health care team
2. Learn guidelines for use of dietary and anthropometric components of nutritional status in a community setting.
3. Conduct a nutritional needs assessment on a particular community agency and its target population
4. Examine nutritional status of Jordan.

Schedule for classes

<i>Topics</i>
Introduction to community nutrition
Assessing community resources
Assessing the target population's nutritional status
Nutritional status in Jordan
Principles of epidemiology
Surveys: definition & types
Sampling techniques
Sample size
Addressing the obesity epidemic: An issue for public health policy
Designing community nutrition interventions

Grading

First Hour Exam	30 %	Monday	28/10/2019
Second Hour Exam	30%	Monday	2/12/2019
Final Exam	40 %	to be announced	
Total	100%		

Textbook

1. Boyle MA, Holben DH. 2017. Community Nutrition in Action, An Entrepreneurial Approach. 7th ed. Thomson & Wadsworth

References

1. Community perspectives on obesity prevention in children workshop summaries. National Academies Press, Washington, D.C. : c2009
2. Any Document related to Nutrition in Jordan
3. Nutrition Profile of Jordan: <http://www.fao.org/3/a-aq039e.pdf>