



الجامعة الهاشمية  
The Hashemite University

<b>Course Information</b>	
<b>Course Title</b>	Clinical Psychology
<b>Course Number</b>	0111501308
<b>Course Time</b>	<b>Sunday/ Tuesday/ Thursday 8-9:50</b> Lecture Theatre 301
<b>Course credits</b>	<b>3</b>
<b>Instructor</b>	Dr Heather Harvey
<b>Office Phone &amp; Location</b>	
<b>Office Hours</b>	<b>TBA</b>
<b>E-mail</b>	<a href="mailto:heather@hu.edu.jo">heather@hu.edu.jo</a>
<b>Reading materials</b>	
<p>Texts:</p> <ol style="list-style-type: none"> <li>1. Trull, TJ &amp; Prinstein, MJ. 201. <i>Clinical Psychology</i>, 8th Edition. Wadsworth Cengage Learning, Belmont, CA. available as a pdf/e-text</li> <li>2. DSM V</li> </ol> <p>Selected articles (will be available to students as paper or electronic versions), as well course lecture powerpoints.</p>	
<b>Course description &amp; objectives</b>	
<p>This course is designed to introduce you to the psychosocial aspects of medical practice and a general overview of clinical psychiatry. Psychiatry includes theories of sociology, psychology &amp; human behavior, as well as integrates the biological sciences of physiology, neuroscience &amp; biochemistry, as they relate to behavior, emotions, personality &amp; motivation over the human life cycle. We will discuss various developmental theories and distinguish between 'normal' mental health and the development of pathological processes &amp; abnormal coping mechanisms. By the end of this course students should have a better understanding for methods of assessment and intervention related to psychotherapeutic results as well as an understanding for the complexity and continuing growth and changes in the field.</p>	

**By the end of this course students will be able to :**

- Demonstrate an understanding of the mental health approaches from a biological, cognitive and social perspective
- Understand the links between basic & clinical sciences regarding human behavior
- Identify and apply basic learning models /developmental theories to human growth and development
- Communicate effectively about the science of clinical psychology
- Identify the impact of neurotransmitters, sleep & genetics play in mental health
- Identify risk factors and assessments used within the domain of clinical psychology
- Describe major pathological disorders based on DSM V
- Engage in an ethical manner regarding intake & assessments with patients, as well as confidentially
- Describe the epidemiological impact of psychiatric and behavioral disorders

**Teaching & Learning Methods**

- Class lectures and lecture notes are designed to help you with the course objectives.
- You should read the assigned lecture materials before class and participant in class and do whatever it takes for you to grasp this material. Ask questions. Ask lots of questions.
- You are responsible for all materials covered in the class
- Come on time for lectures, act in professional and polite manner, and make a positive class contribution.
- Help your class mates if help is needed.
- Respect the deadlines for all assignments, as they will be enforced and late work be reduced by one letter grade per day and receive a zero after 3 days.
- Please communicate any concerns or issues, I am always available by office hours or by appointment, as well as email.

**Assessment Policy**

<b>Assessment Type</b>	<b>Dates</b>	<b>Weight</b>
First exam	June 30 11-12	30%
Second exam	July 14 11-12	30%
Final Exam	July 31 10-11am	40%

**course content**

<b>Weeks</b>	<b>Topics</b>	<b>Reading Assignments</b>
<b>week 1</b> June 11th	What is Clinical Psychology? Emotions, Personality, perceptions & values	Chp 17( pgs 485-495)
	Who does it effect? The stats	
<b>Week 2</b> June 16th	Motivation & happiness	Chp 16 & Chp 17 pgs 495-507
	Social models and its impact on stress, sleep & relationships	
	Personality & Behavioral Assessments	Chp 12 & 14
<b>Week 3</b> June 23 <sup>rd</sup>	Psychological disorders (Neurodevelopment & psychotic bipolar disorders)	Chp 5 & DSM V
	Psychological disorders cont... (bipolar, depressive & anxiety disorders) Video: <i>Ride the tiger</i>	DSM V
	Psychological Disorders cont... (personality disorders)	DSM V
<b>Week 4</b> June 30 <sup>th</sup>	<b>Exam 1</b>	
	Abuse: Mental, physical & substance	supplemental ...
	Forensic Psychology Video: <i>Psychopaths</i>	<a href="https://www.psychologytoday.com/us/blog/wicked-deeds/201801/the-differences-between-psychopaths-and-sociopaths">https://www.psychologytoday.com/us/blog/wicked-deeds/201801/the-differences-between-psychopaths-and-sociopaths</a>
<b>Week 5</b> July 7 <sup>th</sup>	Developmental Theories: from Erikson to Piaget...	
	Psychosocial theories: Freud, Bandura, Skinner & Kohleberg	
	Neuropsychology— the medical model	Chp 18
<b>Week 6</b> July 14th	<b>Exam 2</b>	
	Genetics, neurotransmitters & psychotropic drugs	
	Therapeutic Approaches — using a multi-paradigm approach	Chps 11 & 15
<b>Week 7</b> July 21	Building patient relationships. And types of intake interviews	Chp 6 & 10

	Revision & Review	
<b>Week 8 July 31st</b>	<b>Final Exam</b>	

<b>Additional Notes</b>	
<b>Exams</b>	<p>-The format for the exams is objective 5 item multiple-choice computerized exams. Missed exams require a Drs note within 72 hrs and approval by the examination committee. All make up exams will be essay exams.</p> <p>-Grades will not be given out via e-mail.</p> <ul style="list-style-type: none"> <li>• Cell phones are not allowed during exams.</li> </ul>
<b>Drop Date</b>	Last day to drop the course is before the sixth (6 <sup>h</sup> ) week of the current semester.
<b>Cheating</b>	<p>The commitment of the acts of cheating and deceit such as copying during examinations, altering examinations for re-grade, plagiarism of homework assignments, and in any way representing the work of others as your own is dishonest and will not be tolerated. Standard HU policy will be applied</p> <p>المادة v: إذا ضُبط الطالب أثناء الامتحان أو الاختبار متلبساً بالغش فتوقع عليه العقوبات التالية مجتمعة:</p> <p>أ- اعتباره راسباً في ذلك الامتحان أو الاختبار.</p> <p>ب- الغاء تسجيله في بقية المساقات المسجل لها في ذلك الفصل.</p> <p>ج- فصله من الجامعة لمدة فصل دراسي واحد، و هو الفصل التالي للفصل الذي ضبط فيه.</p>
<b>Attendance</b>	<p>Excellent attendance is expected.</p> <p>- HU policy requires the faculty member to assign ZERO grades (35) if a student misses 10% of the classes that are not excused.</p> <p>- If you miss class, it is your responsibility to find out about any announcements or assignments you may have missed.</p> <ul style="list-style-type: none"> <li>• Smoking is prohibited in the classroom.</li> <li>• Turn off all cell phones upon entering the classroom.</li> </ul>
<b>Workload</b>	Average work-load student should expect to spend is 3-5 hours/week outside of class time. Students need to expect to read printed lecture materials & text assignments before coming to class
<b>Graded Exams</b>	Exam grades will be posted to students once reviewed and approved by the dean /examination committee , as per medical school protocol.
<b>Makeup exams</b>	-Makeup exams are done at a one time sitting scheduled per the instructors availability. Missed exams require a Drs note within 72 hrs and approval by the examination committee. All make up exams will be essay exams.